

TENNIS



The Del Norte Club Junior Tennis Program Spring 2020



Jr 1 (Ages 6-8) Beginner This class is an introduction to the sport of tennis. Students will work on overall coordination and athletic movement through the sport of tennis. Lots of fun and games in this group as well as focus on sportsmanship, cooperation, receiving and implementing instruction

Class meets Fridays from 3:30pm-4:30pm \$15/class

Jr 2 (Ages 8-14) Beginner This is for the new player, or a student who is developing the skills needed to play independently using proper form and balance. The classes work directly and consistently on the skills to move to the next level of tennis! Drills and games are used to teach technique, balance and sportsmanship

Class meets Thursdays from 3:30pm-4:30pm \$15/class

Jr 3 and Jr 4 (Ages 10-17) Intermediate/Advanced This class is for the Jr Player who can play a match independently and possesses all the skills to do so. These skills include: serving repeatedly without double faults, complete knowledge of scoring, and a solid understanding of the techniques of all shots. Admittance to this class is by

Coach Rob's recommendation only.

Tuesdays, Thursdays, and Fridays from 4:30pm-6:00pm \$15/class

Registration

Name: _____ Class _____

Email: _____ phone _____

