

OUTDOOR POOL RULES

California Health & Safety codes states, when there is no lifeguard on duty, children under the age of 14 years will NOT be permitted to swim without direct supervision of their parent/guardian (18 years of age or older). **Del Norte's policy is children 15 years old and younger must be directly supervised by their parent/guardian in order to swim in the outdoor pool.** . Direct supervision is defined as the supervising adult being no more than 15 feet away from the child(ren), actively enforcing Del Norte rules, and that no gates or barriers stand in the way of the supervising adult's visible and physical path to the swimming child(ren).

Children ages 7 to 11 must have a parent/guardian present at the club to use the outdoor pool when a lifeguard is present. Children who cannot stand or swim safely must be directly supervised by their parent/guardian at all times.

Children ages 6 and under must have direct supervision by a parent/guardian at all times

Priority is always given to Del Norte scheduled programs or classes.

1. No running on the pool deck.
2. No roughhousing, dunking, or pushing is allowed.
3. Backward dives, flips, or back flips are not allowed.
4. No diving is allowed in the shallow end of the pool.
5. Please do not linger below the lifeguard station. No playing with rescue equipment.
6. Please remove fins when walking on the pool deck.
7. Kickboards are not permitted unless used when swimming laps.
8. Large flotation devices are not allowed. Smaller tubes, etc. are permitted.
9. Adults must supervise children using approved flotation devices (water wings, life jackets, etc).
10. No food, gum, or drinks are permitted in the pool.
11. No glass containers are permitted on or around the pool deck.
12. Do not hang, jump or sit on the lane lines.
13. All children who are not toilet trained must wear disposable swim diapers with a reusable swim diaper over the top to prevent accidental fecal release in the water while in the pool.
14. When lap swimmers are present, lap lane(s) must be kept clear at all times.
15. When swim lessons are present, the pie-shaped corner on the northwest corner of the pool is reserved. Please keep this area clear. Please use the pool steps on the opposite side to enter pool when a lesson is in progress.

Rest Period Policy

During the summer months while lifeguards are on duty, we will be conducting swim rest periods as recommended by the American Red Cross for our members that are under 18 years of age. The rest periods will be the last 10 minutes of every hour between the hours of 1pm and 8pm. **All members 17 years old and younger will be asked to leave the pool, regardless of direct supervision.** The rest period is for the safety of your children to allow for rest, rehydration and a restroom break. It also allows a break for the lifeguards to help keep them alert.

Those not abiding by the rules will be asked to get out of the pool.

