

The Del Norte Club

presents

The "First Serve" Summer Junior Tennis Program

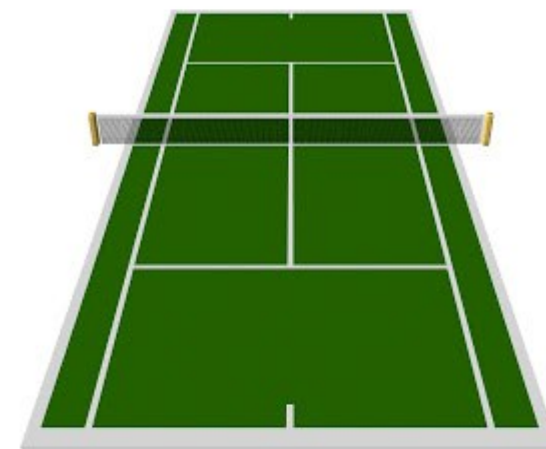
Hello players and parents. I am so looking forward to Jr. Tennis at Del Norte in the Summer of 2017! The program is available to students ranging from beginner to tournament level ages 5-18

My philosophy of coaching tennis is rooted deeply in the fundamentals of basic athletic movement and balance. When delivered to a youth it provides a platform for continual improvement and growth relative to the amount of time spent with the game, age, natural skill level, and desire to improve.

Most importantly there is a great focus on sportsmanship and having fun!! I firmly believe that ENTHUSIASM is a cornerstone of success and I try to pass on my love and enthusiasm for all aspects of being a Tennis Player to each student I come in contact with.

See you on the courts!

- Coach Rob



Turn, Move, Balance, Hit, Recover

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Del Norte Summer Jr. Tennis

Coach Rob Kendall runs the "First Serve" tennis program for students ages 5-18. The classes meet Monday thru Thursday from June 8-July 30. The skill level is broken into 3 basic categories: beginner, intermediate, and advanced. According to the "First Serve" program the definitions are as follows:

Beginner/New Player- This is either a student with little to no experience, or a student who is developing the skills needed to play independently using proper form and balance. It is a broad range and the classes work directly and consistently on the skills to move to intermediate through drills, games and fun!

Intermediate- This player can successfully get 8 out of ten serves in, can maintain a minimum of 4-6 ball rally from baseline, has mastered scoring and can play a match independently. This level prepares students for High School Tennis- and is lots of fun :)

Advanced-This player has had experience competing at either a tournament or High School level and is interested in the details of technique, mental and physical training, and still manages to enjoy the great game of tennis!!



Del Norte Summer Jr. Tennis Schedule

**ALL CLASSES MEET 4 DAYS A WEEK
MONDAY—THURSDAY**

Jr I (Ages 5-6) 10:45am-11:30am -New Player

This class uses Tennis as a way of teaching overall athletic development and hand-eye skills. Lots of fun and movement- and not too long!!

\$40/week or \$200/summer

Jr II (Ages 7-13) 9:00-10:00am— Beginner

For the new player or beginner. Students will learn the fundamentals of all Tennis strokes, scorekeeping and rules, sportsmanship and tennis etiquette. Rallying and independent play are the goals of this class.

\$60/week or \$300/summer

Jr III (Ages 11-15) 10:00 -11:30am— Int

For the player who is familiar with all basic tennis shots including the serve, groundstrokes and volleys. Students in this class must have a solid understanding of scoring and be able to play a match independently.

\$90/week or \$400/summer

Jr IV (Ages 13-18) 11:30am-1:30pm—Adv

Players in this class must be able to play independently and will receive instruction through hand fed technique exercises, and live ball drills. Players in this group will also have the option to represent Del Norte in team oriented match play.

\$120/week or \$500/summer

Registration

Students name and age(s)

Parents name:

Email :

Phone:

Circle : Jr I Jr II Jr III Jr IV

please put check by each week attending

June 12-15 _____ June 19-22 _____

June 26-29 _____ July 3-6 _____

July 10-13 _____ July 17-20 _____

July 24-27 _____ July 31-Aug 3 _____

All Summer long! _____

Amount paid _____

Fees can be paid at front desk with credit card, charge to account, or check payable to Del Norte